

Running your club/soc through Covid-19

Due to Covid-19, we have had to make some changes to how we run our activities to ensure that we are following current safety measures set out by the government. While some activities will have to be limited or move online, we'll do our best to support you and work with you in any new ideas you have to keep your club/society running.

Now more than ever your clubs and societies are important in connecting people, preventing isolation, and helping others to de-stress from everything that's going on. Please keep on doing what you're doing!

(Note that government advice is ever-changing so this guidance might be subject to change. We'll keep in touch about any major changes and how these changes might impact you.)

Current Guidelines and what they mean for you:

Lockdown 2.0

Current guidelines: From Thursday 5th November, national lockdown restrictions replace the local restrictions in your area:

- '- Requiring people to stay at home, except for specific purposes.
- Preventing gathering with people you do not live with, except for specific purposes.
- Closing certain businesses and venues.'

What this means for you: We can't support any in-person society/club meetings from Thursday, and until lockdown is lifted. This includes sports sessions, as well as social meetings. Sports Centres and Halls will be closed. AUB will maintain its current running.

What you CAN do: For the duration of the lockdown, you can still run online activities. I appreciate this may be hard for sports sessions, but we can help arrange Zoom classes or you can get inventive with physical challenges for independent fitness.

Support

Zoom Account: I've created a Premium Zoom Account for Clubs & Socs use - you can book this out if you'd like to use it. The booking link is on the FB group or message me and I'll send the Google Sheet link.

Online sessions: We are already doing online sessions for Boxing, Yoga and Taekwondo. You can chat to me if you'd like to move instructor-led sessions online, or signpost to our existing sessions.

AUBSU Staff: I'm here to help support you. If you want to chat through possibilities or ideas just let me know.

Each other: Our sports clubs have linked up to help engage all students with getting active. Chat to each other, signpost and collaborate to support each other and deliver more for your members.

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