



MY HABITS THIS WEEK



CAFFEINE:
HOW MANY
CUPS?



WATER: HOW
MANY
LITRES?



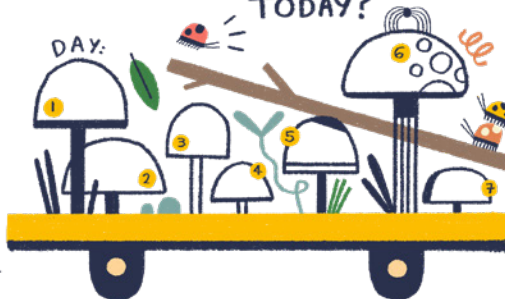
**SCREEN
TIME:**
HOW MANY
HOURS?



EXERCISE: HOW MANY
MINUTES?



FUN: DID I PLAY
TODAY?



SLEEP: HOW MANY HOURS?



**RATE MY
WEEK**

/10

