

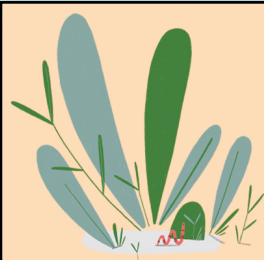
## ORBIT

OPEN MIC EVENT

QUIZ  
NIGHTS



## NEW CLUBS & SOCIETIES



THE SMALL  
THINGS MATTER  
NOVEMBER

## LEVEL UP

gain experience  
build your skills

# LOST

**Welcome to your  
first, interactive,  
AUBSU Newlsetter!**

We hope you guys have all had great terms so far and have had the chance to get involved with what we've been doing.

But just in case you missed a few, there's loads more on the way!

The AUBSU Newsletter includes lots of the things we have planned for you this month, some of which you guys asked for! You can find out more about the events and how to get involved by just clicking the tiles.

We hope that you enjoy the Newsletter, and as always, if you guys have ever got any questions, you can drop us a message or come and see us in the AUBSU Office.

**Jordan & Stella**  
Student Union President & Vice-President  
2019/20

STELLA KAJOMBO  
*Jordan Verdes*



PRESIDENT  
JORDAN VERDES



VICE-PRESIDENT  
STELLA KAJOMBO

## HIGHLIGHTS THIS MONTH



VOLUNTEERING  
ANTIA WILLIAMSON

**Student Volunteering Week**  
November 4th - 10th



RAG  
KAMILA DOWGIERT

**Raising and Giving Week**  
November 11th - 17th

## THINK TANK

**Think Tank Week**  
November 18th - 22nd



**Caring Canines**  
November 27th



September/October Snaps!







PRESIDENT  
JORDAN VERDES

I hope you guys have all had a great term so far!  
It's hard to summarise all the things I've been up to in the last couple of months, most of this being my many MANY meetings with the University (all good things I promise!). There's many more fun things coming your way soon, including the return of dogs to campus!



VICE-PRESIDENT  
STELLA KAJOMBO

Hi everyone, I hope you're all settled in now. It's been great meeting you all these past few weeks, especially when electing your course representatives and chatting with you at some of our events. Taking on the role of the Vice President truly feels welcoming. PS: Remember that you can come and talk to any of us if you ever see us running around campus; I'll be the one wrapped up in a jacket and a massive scarf.



COMMUNICATIONS  
LAURA ANDRADE

Hey there! My name is Laura Andrade and I am your new Communications Officer. With this role I will try my best to spark creativity and good content in BUMF, alongside my team members. Toodles!

Follow Laura on Instagram at [@bumfmedia](https://www.instagram.com/bumfmedia)



GENDER EQUALITIES  
CAITLIN POWELL

This month I've been setting the wheels in motion for a unique installation against violence towards women planned for November. I've been meeting with the STARS team to help develop a resource for emergency response to sexual assault. Follow me on Instagram for updates! [@aubsu\\_gender](https://www.instagram.com/aubsu_gender)



GREEN  
HANNAH DODDS

You've heard about the Beach Clean & Pumpkin Picking events right? Well that's good - cause they're all green team based events, which, as Green Officer at AUBSU I help to run. Want more information on the things I've been doing? Follow my Officer Instagram at [@aubsu\\_green](https://www.instagram.com/aubsu_green)



INTERNATIONAL  
MANSI RANA

Hello students of AUB, my name is Mansi and I am your recently elected International Officer at AUBSU. It's my responsibility to design and create fun and inclusive events for all international and home students at AUBSU, and I can't wait to get started on the rest of the year ahead.



LGBT+  
ELIJAH KENNEDY

I have found this position really rewarding. It has been a little stressful at times with my current work load and being ill, however having a second LGBT+ Officer, Brad, has been helpful...and will be even more helpful in future with LGBT+ History Month coming up! Follow Elijah and Brad on Instagram [@aubsu\\_lgbt](https://www.instagram.com/aubsu_lgbt)



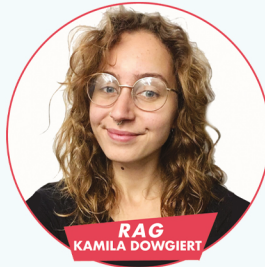
LGBT+  
BRAD COULSON



MATURE & POSTGRAD  
JOEL HOARE

Hello students of AUB!! I am your newly elected LGBT+ Officer! Within this role I hope to organise lots of events around the University and beyond, as well as hear and share the voices and stories from LGBT+ students across the campus! Follow Elijah and Brad on Instagram [@aubsu\\_lgbt](https://www.instagram.com/aubsu_lgbt)

Huzzah to all you AUB students! Fellow Undergraduates, Foundation students & of course Postgraduate students! It's a pleasure to introduce myself to you all, my name is Joel, and I am your new Mature & Postgraduate Officer at AUBSU. I'm still settling in, but stay tuned for exciting updates from me soon!



RAG  
KAMILA DOWGIERT

I love RAG more than I love my degree. Join our team, come along to our events or just our socials! Be a good person and help your local charities. Follow Kam on Instagram [@aubsu\\_rag](https://www.instagram.com/aubsu_rag)



RACE EQUALITIES  
LOUISE HALL

I have created PocSoc, started forums around the black attainment gap, and further developed our black History Month celebration to extend to off campus events which includes our Reclaim the Night march happening next term. Follow Louise on Instagram at [@aubsu\\_race](https://www.instagram.com/aubsu_race)



STUDENT WITH DISABILITIES  
LUCY PEARCE



STUDENT WITH DISABILITIES  
SAM WILSDEN

Lots of new things have been happening this term - including Sam's recent co-option onto the AUBSU Executive Team. Alongside myself, plans for Disability Celebration Month 2019 have been happening - which you can expect to see towards the end of November. For updates, follow [@aubsu\\_disabilities](https://www.instagram.com/aubsu_disabilities)



SPORTS  
ELLIE MCSHANE

This term I've been working on implementing my manifesto in collaboration with the Executive Team. With Disability Celebration Month coming up, I want to raise the importance of inclusion within sports - so expect to see some fun plans being put into motion in the coming months.



VOLUNTEERING  
ANYA WILLIAMSON

Since the start of the year, I've been working closely with the AUBSU Staff team to help prepare for Student Volunteering Week 2019. Already we've organised a handful of unique volunteering opportunities for you all to get involved in, and you can guarantee the rest of the year will be no different! Follow me on [@aubsu\\_volunteering](https://www.instagram.com/aubsu_volunteering)





## Student Volunteering Week

### November 4th - 10th

Monday 4th	Tuesday 5th	Wednesday 6th	Thursday 7th	Friday 8th	Don't worry if you're busy this week!	Want to get involved in more volunteering opportunities?
Hope for food pledges 12:30 - 14:00	TSTM 12:30 - 14:00 RAG Quiz 17:00 - 19:00	Good Deed Day	Market Day 12:00 - 14:00 Post Pals 17:00 - 19:00	Find out about 5 minute volunteering opportunities	SVW will be happening again later in the year!	Visit the aubsu website

Fancy helping out the local community? Having a positive impact? Or even just getting involved in some fun creative projects? Then take part in **Student Volunteering Week 2019**. It's right around the corner, and all those volunteering hours could even get you an award!



## Raising and Giving Week

### November 11th - 17th

Monday 11th	Tuesday 12th	Wednesday 13th	Thursday 14th	Friday 15th	Saturday 16th	Did you also know you can get involved in their RAG challenges later this year? Visit the AUBSU website for details
Gingerbread Decorating 12:00 - 14:00 Karaoke 17:30	LOST promotion 12:00 - 14:00	Market Day 12:00 - 14:00 Open Mic & Burlesque performance 17:30	SkyDive promotion 12:00 - 14:00 SkyDive Meeting 17:00	Treasure Hunt 12:00 - 14:00 Movie Screening 17:00	Rag Team Social (Team members only)	

We're sure you've heard about it before - but in case you didn't know...**November 11th-17th** is **RAG Week 2019**. Throughout this week, your RAG Officer, Kam, has arranged a variety of different activities for you to get involved with - and guess what...it's all for charity!

## MARKET DAY

7th November



Fancy making some extra cash? Or want to buy some new things? Market Day is for you.

## SWERVE

### 20th November



Missed out on SWERVE last month? Don't worry - it's back again - same time, same place.

## QUIZ NIGHTS

5th November



We know you all love a good quiz, and AUBSU is all about good things. Entry is **£1**, and all money goes to our **RAG Charity**.

## THINK TANK

## Think Tank Week

### November 18th - 22nd

Have an idea for an event? Think something could be improved? Or do you think what we do is great? Think Tank week is the perfect opportunity to give your favourite Students' Union some feedback. Just ask your **Course Reps** - they'll have all the details you need - or visit [aubsu.co.uk](http://aubsu.co.uk)



THE SMALL THINGS MATTER

## NOVEMBERS THEME: CONNECTING

Biscuit recipes & Hot Chocolate popup | November 5th



## MACRAME WORKSHOP

November 18th | 5pm - 7pm

Come and learn the art of macrame! We'll provide all the materials, including a pot.

## TREE PLANTING

Details coming soon

Help the environment, do some volunteering, make a positive impact on the world



**AUBSU BUS**

Tate Modern  
In Real Life Exhibition  
9th November

Fancy coming on the first AUBSU bus trip of the year? We will be heading to **Tate Modern**!

## In collaboration with TSTM

## Caring Canines

### November 27th

Reserve your space on the aubsu website



You asked, and we answered - yes, dogs are coming back to campus! Reserve your space on our website

## ORBIT

OPEN MIC EVENT  
26th November

Do you play music? Sing? Read poetry? Then come to **ORBIT** - AUBSU's creative performance platform

## HOW TO GET INVOLVED?

Term has been in full swing for 2 whole months now, and there is always a new opportunity to get involved in one of the many campaigns, events, or projects that AUBSU is working on. You can jump into a new activity at any point including clubs, societies & networks. Yes, even if you missed Freshers Fair 2019, it's still okay to get involved.

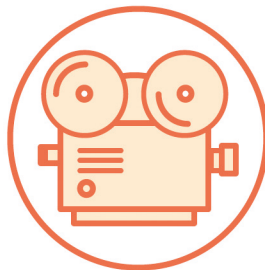
How do you join a club or society you ask? Well it's simple. All you need to do is visit the AUBSU website, check out our clubs & societies list, find something you like and go along to the session! If you enjoyed it, you can purchase membership from their webpage, which will either be free or a small charge to help support their running costs.

There are also lots of new groups starting every month, so be sure to keep checking, or you could even start your own!

## NEW CLUBS & SOCIETIES FROM OCTOBER



**FRIDAYS**  
*Dance Fitness*



**@badmovieaub**  
*Bad Movie*



**AUBSU.CO.UK**  
*Women's Rugby*

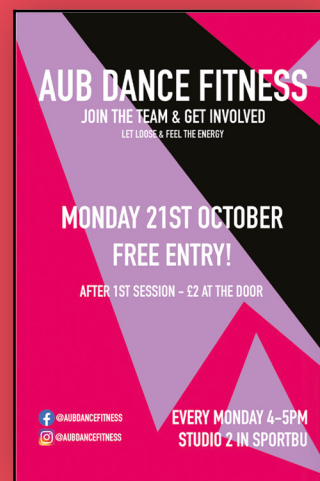
## CLUBS & SOCIETIES SPOTLIGHT

All of the clubs & societies here at AUB work hard to promote themselves and we recognise how difficult that can be sometimes when you're just starting out. We've introduced Clubs & Societies Spotlight to make sure you can find all of the cool opportunities these clubs and societies can offer.

This month, we've highlighted two societies - AUB Dance Fitness (Fridays 5-6pm) and AUB Zine Society (Tuesdays 6-8pm).

Dance Fitness is a new society that started in October. If you want a zumba-like exercise, this is one for you. As of October, Dance Fitness also became part of our Give it a Go programme - they've done pretty well so far!

Zine Society is popular at AUB, having already made a Halloween Zine this year and featuring at our Market Day last month too. If you like making small arty projects, consider joining ZINE! They accept everyone regardless of course, and are very active on their Instagram account @aubzinesociety



Be sure to follow us over on our Instagram account to find out every Monday who will be next in our spotlight!





Do you like volunteering? Or have you previously volunteered during an AUBSU event? Well guess what? You can turn those hours into rewards as part of AUBSU's Level Up scheme. If you volunteer over a certain amount of hours, you can get certificates and awards for all your hard work.

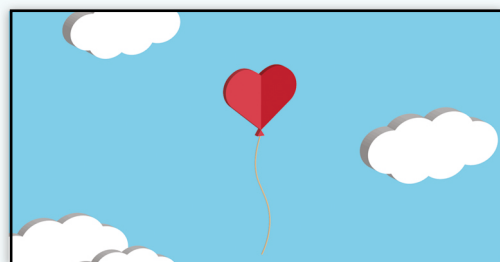
Haven't volunteered, or didn't know that you could? Then you're in luck... **November 4th - 10th is Student Volunteering week** here at AUBSU. It means you can do some cool stuff to help the environment, raise money, and help the local community.

## WHAT CAN YOU DO THROUGHOUT NOVEMBER?



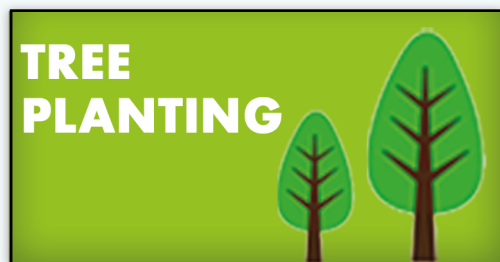
### COULD YOU FIND YOUR WAY HOME?

Fancy getting LOST in 2020? No, not literally... well, maybe? It depends on how far you're willing to go. We are looking for teams of students to go on an adventure in 24 hours - can you make it back in time? **Interested? Keep an eye on our socials! Signups open in November**



### AUBSU VOLUNTEERING WEEK

Fancy doing something good? Then Volunteering week is for you. It's a great way to feel great about yourself, help the community, and of course...get those hours in for your **LEVEL UP** awards! **More details at aubsu.co.uk**



### TREE PLANTING COLLABORATION WITH THE GREEN TEAM

We know you love green themed events here at AUB - so guess what? We're doing some more! This month, we will be running our popular Tree Planting event! Planting trees is fun, and so is helping the environment. **Details coming later this month.**

## LEVEL UP

Did you also know, that your Executive Officers each have an Instagram account for you to follow? Even Anya, your Volunteering Officer has one: **@aubsu\_volunteering**

### Student Volunteering Week Timetable

#### Monday 4th November

Pledge to make a Christmas donation for Hope for Food in exchange for hot chocolate: 12:30 - 14:00

#### Tuesday 5th November

The Small Things Matter: 12:30 - 14:00  
- connectivity (pickup some baking kits to help connect with friends & learn more about volunteering)

RAG Quiz Night: 17:00 - 19:00 - Take part in a our regular quiz night to raise money for charity

#### Wednesday 6th November

Good Deed Day: come make a pledge for RAG week and find out how you can make a positive impact

#### Thursday 7th November

Market Day: 12:00 - 14:00 - find out more about volunteering at our stall

Post Pals: 17:00 - 19:00 - volunteer your time to do some artwork for a sick child

#### Friday 8th November

Find out some information on 5 minute volunteering opportunities



# DISABILITY CELEBRATION MONTH

22nd November - 22nd December  
**Details Coming Soon**



**aubsu.co.uk**

Your feedback is essential for us to keep improving, doing cool things, and making sure that your voice is heard. We ask for your feedback a lot - Think Tank, surveys, questions...whilst it may seem like we never stop asking, it's actually had a big impact on the Union.

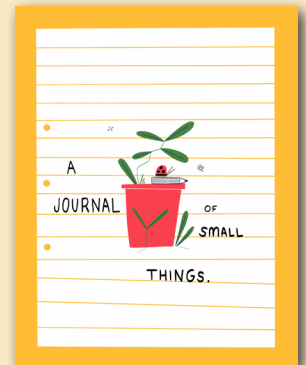
As a result, we've been able to make some big changes already this year to help you have a better student experience whilst studying at AUB. Need examples of what we've done? Well it's a good thing we've made this handy little list then isn't it!



**This month we are putting the focus on our Small Things Matter campaign - we asked for your feedback and are already working hard to put it into action.**

Want more information on how to get involved in The Small Things Matter? Why not follow the Official Instagram account [@aubsu\\_matter](https://www.instagram.com/aubsu_matter)

Have you purchased your wellbeing journal yet? No? Well luckily you can now purchase yours from the AUBSU online shop:



[Click Here for details](#)

Have you recently attended an AUBSU event and want to give some feedback? Good or bad is welcome as it helps us to grow and improve as a Students' union. Then why not pop along to:

**Think Tank Week  
18th - 22nd November**  
[Click here for details](#)



**Have you registered to vote yet?**

There is a General Election taking place on the 12th December. Be sure not to lose your vote by registering today.

[Click here to register](#)

## MORE INCLUSIVE EVENTS

We heard you liked our cacti-replanting event during October, and that you'd like more events like this. You suggested bringing dogs onto campus and guess what? We are doing just that. November 27th, as part of The Small Things Matter, Caring Canines will be returning to campus!



## INFORMATION ABOUT SERVICES

We talk about a lot of things, and sometimes that information is a little confusing to understand or you just don't know a lot about it. As a result of your feedback, we've been working towards making our information clearer and more accessible. Examples of things we've done include information about the YoYo app, and where you can find safe spaces on campus.



## HELP & ADVICE ABOUT LIVING AWAY FROM HOME

Settling into University, making new friends, learning to be independent... it's a lot to take in and process at once. Based on your feedback, your Students' Union President, Jordan, is currently writing some cooking and cleaning tips to help you feel more at ease if this is your first time living away from home. Don't worry - it all takes time.

Our Instagram is filled with lots of helpful tips and pieces of advice - but the aubsu website is also packed with helpful articles you can read and explore.



## TEA & BISCUITS ANYONE?

It's getting a lot colder here on campus, and of course attending our events sometimes means standing outside in the cold. You suggested bringing tea & biscuits to some of our wellbeing events, so guess what? We invested in a collection of tea-bags, coffee and hot chocolate! We might have even started browsing for some tasty biscuits too. We found that you can even get some biscuits from Faith & Reflection - check out our instagram for details.





Putting on a fundraising event can be stressful, especially on top of your usual university workload. We hope that we can make your life a little bit easier with some help for selecting venues and some guidelines on how best to organise and run your event.

There are a number of venues in town. We would like to draw you towards three with whom we are able to help facilitate events and provide advice as to what could work best.

## **The Four Horsemen – Bournemouth Triangle – 60 Capacity**

The Four Horsemen is a 60 capacity basement microclub. Think along the lines of the boiler-room shows, this space is for those who would like to create a house party vibe.

Aimed at providing a space for people who want to run events with less stress, the smaller capacity makes creating a sellout event easier and removes the need to hard sell hundreds of tickets.

The venue is multipurpose and can be utilised for meetings, socials, quiz nights, screenings or anything else you can imagine. Curfew is 2am.

- Venue hire is free
- First refusal on all including weekend dates for AUB students
- Contact [horsemenbomo@gmail.com](mailto:horsemenbomo@gmail.com) if interested, however we strongly recommend talking to our Events Assistant first before approaching fundraising venues.

## **Bomo Bunker – Lansdown, 200 Capacity Nightclub - £70 Hire**

A staple in the local scene. The Bomo Bunker is the ideal location for the larger event. With a late licence they host a number of events from local promoters on the weekend as well as a lot of student fundraisers. The venue is available weekday nights for fundraisers. Opening hours are from 10pm – 3am, the venue is fully staffed and equipped.

- Venue Hire is £70
- Weekday Dates Only
- Bookable with Bert who will connect you with venue owner [bburnell@aub.ac.uk](mailto:bburnell@aub.ac.uk)

## **Buffalo Bar – Lansdown – 160 Capacity Live Music Venue - £90 Hire**

Buffalo Bar in the Lansdown is located above the Bomo Bunker. It has become a creative space and hosts many live band nights. If your event requires more space than The four horsemen and you are considering live music, Buffalo might be the place for you. Tuesdays are not bookable, but other days are open for negotiation.

You can not charge entry on the door here, however there are options for either a % of the bar income, which can work out quite well if you expect a high attendance of people drinking, or a suggested door donation. A £90 fee will cover you for a sound engineer and sound desk. There is a late 4am curfew and an overall capacity of 160 for live shows.

- Venue Hire is Free but Sound Equipment will cost £90
- Any Date is available but do make contact more than one month in advance
- Bookable with Bert who will connect you with venue owner [bburnell@aub.ac.uk](mailto:bburnell@aub.ac.uk)