



'Tis the season to rest and recharge! Winter is officially here, bringing with it all the magic and chaos of the holiday season. While there are lots of reasons to feel excited about the winter break, we know this can be an anxious time for some people. So, remember to check in with your friends and take some time to do something nice for yourself. And if you're looking for something fun to do before campus closes, check out some of the events we've got on this month.

Kindest Regards,
Ellie & Judith

AUBSU EVENTS

aubsu.co.uk/tickets



Drink and Draw

Tuesday 14th Dec
5.30-7.30pm
Arts Bar

(No need to book!)

GIAG Strength & Balance:

Mondays

6-7pm

Wednesdays

5 - 6pm &
6.15 - 7.15pm

aubsu.co.uk/tickets



Bus Trip to Winchester Christmas Market

Saturday 11th December
Leaving from the AUBSU Office
3pm - 9pm

aubsu.co.uk/tickets



Writing and Crafting for Wellbeing Workshop

Thursday 9th Dec
6 - 7.30pm
C008



aubsu.co.uk/disabilitycelebrationmonth

Creative Workshop: Needle Felting Gnomes

Wednesday 8th Dec
6 - 7.30pm F006

aubsu.co.uk/tickets



Register your interest for the **Accessibility and Representation Focus Group**.

All participants will receive a £15 Just Eat voucher for their time.

GIAG Boxing

Every Thursday 6.30 - 7.30
Sport BU

aubsu.co.uk/tickets



YOU SAID WE DID - This month we've been working on:

You wanted more chances to re-connect after lockdown, we've put on events to get you back on track: our Winchester Christmas Market bus trip, needle felting workshop, and more to come!

For the first years: we've been collecting all your feedback about the transitions unit, and are working with AUB to make sure your feedback is heard.



Come along to the Courtyard at lunchtime on Tuesday 14th December for a Small Things Matter Activity!

[AUBSU.CO.UK/ADVICE/WELFARE/](https://aubsu.co.uk/advice/welfare/)
[@AUBSU_MATTER](https://aubsu.co.uk/advice/welfare/)

MAKE AN IMPACT:

The AUBSU Green Team are hosting a Christmas Wrapping Workshop on Wednesday 8th December, 5 - 7.30pm, in the Arts Bar. Follow @aubsu_green on Instagram!

We've got a new Volunteering Officer, Beth! Follow her on Instagram @aubsu_volunteering to see what she's up to!

CLUBS, SOCS & NETWORKS:

We've got some new Societies:

Metal Society - @aubmetalsoc
Black Love Creatives Society - @blacklovecreatives
Craft Society - Coming soon.

@aubsu_rag are recruiting for the Choose A Challenge trips:

London to Paris Cycle
UK Three Peaks
Morocco High Atlas Mountains
Email studentunion@aub.ac.uk for more info!

